

Adult Health Nursing (1)/Clinical

Nursing Care Plan (CLO2 & CLO 6)

Student Name :..... Student ID :.....
Clinical Area / hospital :..... Ward :.....
Instructor Name :..... Date of Submission :.....

Admission information (5 marks)

Client Name (Abbreviation): ----- Age: ----- Sex: -----

Date of Admission (Transfer):----- Via: -----

Condition on arrival: -----Walking: -----Stretcher: -----

Source of Data: -----

Spoken Language: -----

Patient level of education: -----

Confirmed Diagnosis: -----



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Smoking status:

Alcohol consumption

Allergies (Drugs, Food, Tape, Dye):

Assessment (10 marks):

- Chief complaint (1 mark)

- Past medical/ surgical history (2 marks):

- Medication(s) taken at home (1 mark):

- Family history (1 mark):

Health Maintenance

A. Activity/Exercise Pattern (Describe activity, feeding, bathing, dressing, toileting, mobility, and using assistive devices): (1 mark)



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B. Nutrition (1 mark)

- Typical diet at home: _____
- Prescribed diet: _____
- Appetite: _____
- Nausea/ vomiting : _____
- Dysphagia: _____
- Weight changes within last 6 months: _____
- Dentures: _____

➤ **Elimination Pattern (0.5 Mark):**

- Bowel habits, ostomy, bleeding, assistive devices:

- Urinary Habits:

➤ **Sleep/ Rest Pattern (0.5 Mark):**

➤ **Cognitive/conceptual pattern (0.5 Mark):**



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- Hearing: _____
- Vision: _____
- Vertigo: _____
- Discomfort/ pain: _____

➤ **Coping stress/ Self Perception Pattern (0.5 Mark):**

- Major concerns regarding hospitalization of illness:
- Major loss/ change: Yes _____ No: _____
- Coping mechanisms: _____

➤ **Value-Belief Pattern (0.5 Mark):**

- Religion: _____
- Spiritual Habits: _____

➤ **Role-Relationship Pattern (0.5 Mark):**

- Occupation: _____
- Household members: _____
- Family concerns regarding hospitalization: _____

PHYSICAL EXAMINATION (OBJECTIVE DATA):

1. General Survey (1 mark)

A: Level of consciousness: _____



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B: Orientation: _____

C: Height: _____ Weight: _____ Temperature: _____

D: General Appearance: _____

2. HEAD TO TOE EXAMINATION (11 marks)

A: Skin, hair and nails :

B: Head, Neck and regional lymphatics:

C. Eyes and Ears:

D: Lung and Thorax:



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E: Heart, neck vessels and peripheral vascular system:

F . Gastrointestinal and urinary systems:

G: Musculoskeletal:



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H. Neurological



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MEDICATION PROFILE (10 marks)

Drugs and Classification (1 mark)	Indications (2 marks)	Dose/ Route/ Frequency (1 mark)	Contra- indications (1 mark)	Expected Side effects (2 marks)	Nursing implications (3 marks)

INTAKE AND OUTPUT (6 Marks)



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INTAKE					TOTAL INTAKE	OUTPUT				Total output
IVF(1)	IVF(2)	BLOOD PRODUCT	ORAL	NGT		Urine	Stool	Drain	Vomit	



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Balance

Plan (3

(3 marks): -----

marks):

DIAGNOSTIC TESTS (7 marks)

Test Name (1 mark)	Result (1 mark)	Normal Value (2 mark)	Nursing Interventions (3 marks)



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Nursing Process (50 marks)

Nursing Diagnoses (15 Marks)	Short –Term Goals (10 marks)	Planned and actual Interventions (with Rationale) (20 marks)	The Outcome (with Rationale) (5 marks)
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1.			
2.			
3.			



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NURSING CARE PLAN (NCP)/ DISCUSSION RUBRIC (CLO 2 & CLO 6)

Student Name: _____ Instructor Name: _____

Number: _____

Components of NCP CLO2, CLO6	(0) Unable to engage in the discussion	(1) Demonstrated difficulty in understanding components of NCP	(2) Basic understanding of NCP, but lacks clarity	(3) Good understanding of NCP and can explain components with minor gap in clarity	(4) Thorough understanding of NCP and explaining components clearly, and connecting all components together	Score
Assessment						____/4
Physical examination						____/4
Diagnostic tests						____/4
Medication profile						____/4
Intake and output						____/4
Nursing process- Diagnoses						____/4
Nursing process- Planning						____/4



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Nursing process- Interventions						____ /4
Nursing process – Evaluation						____ /4
						____ /36

**The content of NCP represents 70% of the grade and the discussion represents 30%*

Content score: (Sum of all marks in the NCP x 0.7)

Discussion: (Sum of all grades in discussion rubric X 0.834)

Total score = (Content score + Discussion score) / 10 = Mark out of 10



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