ppendix 3: Nursing care plan and discussion RUBRIC CLO2, 5

Critical Care Nursing

Nursing Care Plan

Student Name	**:**……....	**Student ID**	**:**……....
Clinical Area / hospital	**:**……....	**Ward**	**:**……....
Instructor Name	**:**……....	**Date of Submission**	**:**……....

CLO 2

(27 marks)

CLIENT PROFILE (1 marks)

- Client name: …….
- Age……..... Gender:……

- Marital status :……..…….. Patient level of education**::……..…**
- Date of Admission:…….…. via ……..….
- Condition on arrival: walking…… wheel chair ….. walker…….stretcher……
- Other……

- **HEALTH RELATED HABITS (2 marks)**

  - Alcohol: (NO, YES) determine the amount)…….……..…
  - Smoking: (NO, YES) How many cigarette per day……..…
  - Regular exercise (NO, YES) Type, how long……
  - Daily activity: (independent, need assistance, dependent)…….……
  - Feeding……..……..
  - Bathing……..……..
  - Dressing/grooming……..
  - Toileting ……..……..
  - Mobility.....….
  - Allergies (dust, food, spring, dye, medication)……..……

  - **Sleeping pattern: (1 mark)**

Usual Sleeping hour (night) …… Naps…….

Factor that enhance sleeping……

factors reduce sleeping……..

  - **Nutrition : (2 marks)**

  - Typical diet at home: ----------
  - Prescribed diet: ----------
  - Appetite: ----------
  - Nausea: ----------
  - Vomiting (color, amount, frequency, smell----------
  - Dysphagia: ----------
  - Weighting changes within last 6 months: ----------
  - Dentures: ----------

  - **Elimination pattern**

  - **Urinary habits: (1.5 marks)**

  - Frequency (per day)……..……
  - Burning……..……
  - Color……

- Urgency……
- Incontinent ……
- Dysuria……
- Hematuria……
- Anuria……
- retention……
- **Bowel habit (1.5 marks)**

- Number of bowel sound ……..…….…….....
- Constipation ……..…….……
  Diarrhea……..…….……..……..
- Pain during defecation…….……..…….....
- Meleana ……..…….…….……
- Colostomy(others)…….…….……

- **Coping stress/ Self Perception Pattern (1 Mark):**

- Major concerns regarding hospitalization of illness:……...
- Major lose/ change: Yes… No: ……..
- Coping mechanisms: -……..

- **Cognitive /conceptual pattern**

Hearing problem (RT, LT) (0.5 mark) ……

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- Hearing aids……..……
  Vertigo……

Visual problem (RT, LT) (0.5 mark)……..
Glasses……..
- Blind……..……

Vlue - Belief Pattern (0.5 Mark):

- Religion: ……..
- Spiritual Habits: ----------

Role-Relationship Pattern (0.5 Mark):

- Occupation: ----------
- Household members: ----------
- Family concerns regarding hospitalization: ----------

- **Activity/Exercise Pattern (0.5 marks)**
- (Describe activity, feeding, bathing, dressing, toileting, mobility, and using assistive devices):……

- **Pain /discomfort (describe) (2.5 marks)**

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- **Chief complaint: (2 marks)**

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- **History of present illness: (3 marks)**

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- **Current complaint (2 marks)**

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History of past illness

- **Past medical/ surgical history: (2marks)**

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- **Medication(s) taken at home (1 mark)**

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- **Family history (2marks)**

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-**PHYSICAL EXAMINATION (OBJECTIVE DATA): (10 marks)**

1. **General Survey (1 mark)**

A: Level of consciousness: ----------

B: Orientation: ----------

C: Height: ---------- Weight: ---------- Temperature: ----------

D: General Appearance: ----------

2. **Head to toe examination**

A: Skin, hair and nails (1 mark)

C: Head, Neck and regional lymphatics (1 mark)

D. Eyes and Ears (1 mark)

E: Lung and Thorax (1 mark)

F: Heart, neck vessels and peripheral vascular system (1 mark)

G. Gastrointestinal and urinary systems (1 mark)

I: Musculoskeletal (1 mark)

J. Neurological (1 mark)

Write the physical examination(s) for the affected system(s) on additional papers: -(1mark)

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- **INTAKE AND Output (8 marks)**

Date Time	INTAKE					TOTAL INTAKE	OUTPUT				TOTAL OUTPUT
	IVF(1)	IVF(1)	BLOOD PRODUCT	ORAL	NGT		URINE	STOOL	DRAIN	VOMIT	

Fluid balance:

Plan:

Diagnostic tests (lab tests, all procedures ,X-ray, ECG) (10 marks)

Test name (Mark 1)	Normal value (Mark 2)	Result (Mark 1)	Interpretations (Mark 2)	Nursing intervention (Mark 4)

- **VENTILATOR SETTINGS (if applicable): (5 marks)**

Time	7 AM	8 AM	9 A M	10 AM	11 AM	120MD	1 PM
MODE							
RATE							
TIDAL VOLUME							
FiO2							
PEEP							

Can include invasive and non-invasive

Others: -

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- **Medications: (10 marks)**

MEDICATION NAME		ROUTE **(Mark 0.5)**	DOSE **(Mark 0.5)**	FREQUENCY **(Mark 0.5)**	INDICATION **(Mark 2)**	SIDE EFFECTS **(Mark 2)**	NURSING INTERVENTIONS **(Mark 2.5)**
DRUGS **(Mark 1)**	CLASSIFICATION **(Mark 1)**						

CLO5

Nursing process (15 marks)

Nursing diagnosis (1) (2.5 marks)

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Goals:…..(2,5 marks)

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Nursing Interventions

Planned Intervention: (4 marks)

1-

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2-

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3-

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4-

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Actual Intervention (4 marks)

1-

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2-

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3 -

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4-

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EVALUATION (MET, NOT MET, with Rationale) (2 marks)

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Nursing process (15 marks)

Nursing diagnosis (2) (2.5 marks)

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Goals:..(2,5 marks)

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Nursing Interventions

Planned Intervention: (4 marks)

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2-
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Actual Intervention (4 marks)

1-
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EVALUATION (MET, NOT MET, with Rationale) (2 marks)

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URSING CARE PLAN (NCP)/ DISCUSSION RUBRIC

Student Name:_____ **Instructor Name:**_____

ID Number:_____

CLO 1

Components of NCP	(1) Demonstrated difficulty in understanding components of NCP	(2) Basic understanding of NCP, but lacks clarity	(3) Good understanding of NCP and can explain components with minor gap in clarity	(4) Thorough understanding of NCP and explaining components clearly, and connecting all components together	Score
Assessment					_____ /4
Physical examination					_____ /4
Diagnostic tests					_____ /4
Intake and output					_____ /4
ventilator settings (if applicable)					_____ /4
Medication profile					_____ /4
Nursing process- Diagnoses					_____ /4
Nursing process- Planning					_____ /4

Nursing process- Interventions					_____ _ /4
Nursing process – Evaluation					/4
					_____ _/40

The content of NCP represents 70% of the grade and the discussion represents 30%

Content score: (Sum of all marks in the NCP x 0.7)

Discussion: (Sum of all grades in discussion rubric X 0. 075)

Total score = (Content score + Discussion score) / 10 = Mark out of 10

Part 1: Content	**Assessment** **Physical examination**	**CLO2**	***……../70***
	Nursing Process (Diagnoses, Planning, Interventions, Evaluation)	**CLO 5**	***……./30***
Part 2	**Discussion**	**CLO1**	***……/40***
	Content score: (Sum of all marks in the NCP x 0.7) Discussion: (Sum of all grades in discussion rubric X 0. 075) **Total score = (Content score + Discussion score) / 10 = Mark out of 10**	***……../100*** x 0.7 ……./ 40 X 0. 075	……. */ 7* ……. *../ 3* *……../10*