

AL-AHILIYYA AMMAN UNIVERSITY MAGAZINE

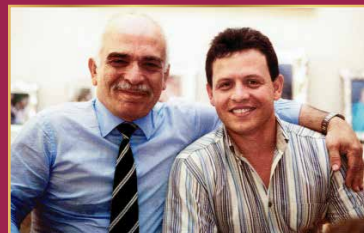
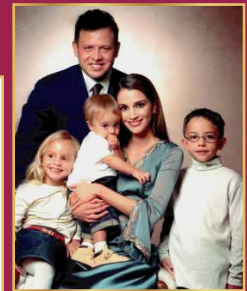
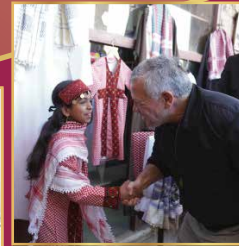
MONTHLY



Wishing His Majesty
King Abdullah Bin Al-Hussien II
A Happy Birthday

January - 2023

Moments in our King's life



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(GEC)

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The Fourth Industrial Revolution in Education within the Middle East

Education 4.0 is an education model that aims to prepare students for the Fourth Industrial Revolution by integrating technology, such as artificial intelligence and the Internet of Things, into the classroom. In the Middle East, Education 4.0 initiatives are being implemented in various countries to modernize and improve the quality of learning experience and outcomes for students. It typically involves the use of digital tools and resources such as online learning platforms, virtual reality, and artificial intelligence to enhance traditional teaching methods. In the Middle East, Education 4.0 is being adopted by many schools and universities in order to stay competitive in an increasingly digital world. Some examples of Education 4.0 initiatives in the Middle East include the use of virtual reality for language learning, the implementation of online degree programs, and the incorporation of artificial intelligence into grading and assessment systems.



The United Arab Emirates has launched the "UAE 4.0" initiative, which aims to accelerate the adoption of advanced technologies in education and to develop a more innovative and entrepreneurial workforce. UAE has also launched the "Smart Learning Program" to transform traditional classrooms into digitally-equipped learning environments. Similarly, Saudi Arabia has launched the "Vision 2030" program, which includes a focus on developing a strong education system that prepares students for the Fourth Industrial Revolution. It has introduced "Taqadam," a program that provides training and resources for educators to incorporate technology into their teaching.

It is important for countries in the Middle East to adapt to the rapidly changing technological landscape and equip their citizens with the skills and knowledge needed to thrive in the 21st century.

Dr. Maher Hourani

Chairman of Board of Trustees

Maher Hourani



From Our President

As we begin this new year of 2023, I want to celebrate the previous success that we have all achieved throughout the previous year from our Students and Staff Members and motivate them to maintain their excellent performance while focusing on their goals. May the light of goodness glow upon us all, filling us with gratitude, persistence and happiness.

For nearly 32 years, Al-Ahliyya Amman University has been earning the respect and loyalty of tens of thousands of students, parents and alumni. It is where you fill find exceptional experiences that allow you to grow, develop, explore new interests and fully realize your potential. Producing career-ready graduates has always been central to our mission. Through a process that includes career exploration and professional preparation, we connect you with career paths and foster the skills and mindset needed for professional advancement. When you walk across the stage as a graduating senior at commencement, you will have more than just a degree from Al-Ahliyya Amman University, you will have career direction and the confidence needed for success in your chosen field.

I encourage you to visit our beautiful campus, meet our Students and Faculties, and see for yourself the outstanding opportunities, activities and facilities that Al-Ahliyya Amman University offers.

President

Prof. Sari A. Hamdan

president@ammanu.edu.jo





**The Saudi Ministry of Higher Education
granted accreditation for all bachelor's
and master's academic programs at our
university**



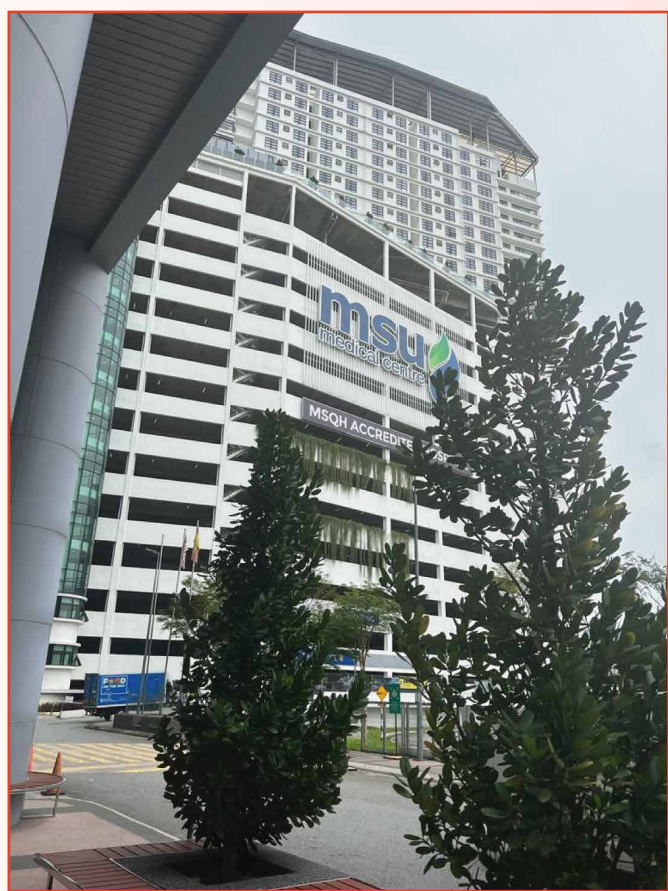
Management and Science University appoints Professor Alsoud as a visiting professor starting from 2023 to 2025



Prof. Dr. Anas Alsoud, Vice president for international relations and quality at Al-Ahliyya Amman University has been appointed as a visiting professor for two years at the Management and Science University (MSU) in Malaysia.

Prof. Dr. Mohammad Shukri Ab Yajid, President and Founder of MSU congratulated Prof. Alsoud in the appointment letter and stated: “I strongly believe that Prof. Alsoud’s vast experiences in the academia, industries, research and publication can immensely affect the transformative journey of our students and faculties. His contributions have, without a doubt, impacted significant progress in areas which MSU is aligned with, and I welcome the sharing of his thoughts and aspirations as we continue to nurture our 'young minds' for the challenges in the 21st century.”

MSU is ranked among the top ten universities in Malaysia and the top 600 universities around the world. Al-Ahliyya Amman University and MSU has a strong partnership in various areas such as joint research, academic supervision and collaboration. The partnership started in 2019 after a thorough review and communications by Prof. Dr. Ali Khatibi, senior vice president - MSU and Prof. Dr. Anas Alsoud.



Prof. Dr. Anas Alsoud said that he is privileged to be appointed as a visiting Professor at MSU for the next two years, and he is keen to make valuable contributions to MSU and to keep AAU-MSU partnership activated in the best way possible.

Prof. Dr. Anas Alsoud holds a BSc degree in Computer Information Systems from the University Of Jordan 2006, and a Master Degree in Managing Information Technology from the University of Salford- UK 2007, and a PhD degree in Informatics from the University of Reading-UK 2012. He started his career as an administrative officer at the Royal Hashemite Court in Jordan before switching to Academia. He also worked as a CEO at Henley Academy, CEO at Me-Marketer, and a member of board of directors at a number of national and international companies.

At Al-Ahliyya Amman University, he has served as the following:

- Head of MIS department.
- Founder and head of electronic business and commerce department 2013-2015
- Dean of student affairs 2015-2016
- Director of accreditation department 2020-2021
- Director of teaching and learning centre 2019-2022
- Founder and director of AAU business incubator 2019-2021
- Founder and director of Center of Innovation and Excellence 2021-present
- Founder and director of Global Engagement Center 2021-present
- Founder and director of Hourani Center for Applied Scientific Research 2021-present
- Founder and director of Center of Accreditation and Quality Assurance 2022-present
- Assistant to the president for international accreditation and rankings 2019-2021
- Assistant to the president for international relations 2021-2022
- Vice president for international relations and quality 2022-present.

Prof. Alsoud has 45+ research papers published in the top journals indexed by Scopus. He is a well-respected regional consultant for international accreditation and rankings of higher education institutions.



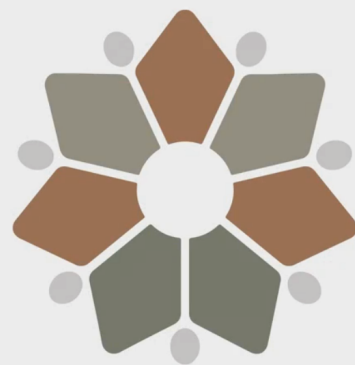


Al-Hussein Bin Abdullah II Award for Voluntary Work session at our University

The Higher Committee in cooperation with the deanship of student affairs along with the Ministry of Youth organized an introductory seminar for our students about Al-Hussein Bin Abdullah II Award for Voluntary Work for Activities and community service. This award's objective is to encourage citizens to carry out volunteer work and contribute to community service. In addition to honoring individuals and institutions based on distinguished volunteer work, that has a positive impact on the sustainable development process. The seminar was attended by the Chairman of the Board of Directors, Dr. Maher Al-Hourani, President of the University, Prof. Sari Hamdan, the Secretary-General of the Ministry of Youth, Mr. Hussein Al-Jbour, and the Dean of Student Affairs, Dr. Mustafa Al-Atiyat.

This comes as our university's mission to encourage the concept of institutional volunteer work among students. This award challenges students to participate in volunteer work and become proactive member of our society.

It is worth noting that His Royal Highness Crown Prince Al-Hussein Bin Abdullah II launched this award in 2021, during the celebration of International Volunteer Day, with the aim of motivating the efforts of individuals and institutions, promoting a culture of distinguished volunteer work to serve the community.



جائزة الحسين بن عبد الله الثاني للمعنى التطوعي
AL HUSSEIN BIN ABDULLAH II AWARD FOR VOLUNTARY WORK





Al-Ahliyya Amman University signs a new cooperation with AMIDEAST



Prof. Sari Hamdan, President of our University, and Mrs. Noor Al-Rasheed, National Director of AMIDEAST, signed an agreement that aims to strengthen and promote the partnership between the two parties. Through its networks of universities, educational and vocational colleges in the United States of America, as well as to identify the programs that are customized, designed and required by educational institutions in the United States of America in the field of hotel management and tourism.

The acknowledgment of the agreement was attended by Prof. Anas Al-Saud, Vice President for International Relations and Quality along with Prof. Fayez Haddad, Dean of the Faculty of Business, Ms. Mays Al-Kurdi, Marketing and Relations Officer of the Tourism Sector, Ms. Fernand Fakhoury, Director of the Examinations Department, as well as Ms. Mirna Al-Tal, Director of the Studies Program for International Students.



The National Center for innovation and our university formalize their partnership



المركز الوطني للإبداع
National Center for Innovation



One of our University's objectives is to support scientific research, innovation and creativity. Therefore, a Memorandum Of Understanding was signed between the university, represented by the president, Prof. Dr. Sari Hamdan and the National Center for Innovation - of the Supreme Council for Science and Technology - represented by the president, Dr. Hossam Khasawneh. Many faculty members were present at the meeting including the Vice President for International Relations and Quality Affairs, Prof. Dr. Anas Al-Saud, the Director of Information Technology at the Center, Mr. Hassan Muhammad Al-Zu'bi, and the Director of Marketing, Mr. Saeed Nazmi Al Saeed.

The agreement aims to adopt the Jordan Open Innovation Platform (JOIP) as an official platform for gathering scientific research, creativity and innovation activities, as well as a national platform for Jordanian researchers.

This cooperation comes as a confirmation of the partnership between the Center and the University in line with the decision of the Higher Education Council to adopt the Jordan Open Innovation Platform (JOIP). This comes as an official reference for Jordanian universities, faculty members, researchers and entrepreneurs.





Department of Architecture Engineering organizes a voluntary activity to draw on the wall panels of the Caritas Association - Fuheis



This activity was coordinated by Dr. Nasser Abu Anza, Eng. Safaa Al-Kfouf and with the participation of Eng. Deliana Sahawneh, Eng. Rawand Abdul Wahab



Department of Architecture Engineering organizes a competition for the students to design a logo for the Department

- Project led by ENG. Safa Alkfouf
- Logo chosen by the student Taym Omar Ibrahim Al-Nadawi



Department of Architecture Engineering organizes an exhibition of Students' projects for the principles of design 1 (two-dimensional) course



This exhibition was coordinated Engineer Safaa Al-Kfouf, lecturer Ayman Abu Hamdia, and lecturer Sonia Al-Adwan.

Workshop held at the Faculty of Architecture and Design




In cooperation with Sila Company for Heritage Preservation, the university signed an agreement reflecting the university's direction that aims at integrating its students with local community institutions and empowering them to be competitive architects and designers at local, regional and international levels.



Our University Contributes in an Art exhibition in the UK

The Department of Multimedia and Graphic Design participates in a global exhibition entitled "A Moment in Time" organized by Cista Arts in London, United Kingdom. Where where 29 international artists were selected to participate in the exhibition, and one of the international artists is a member of our faculty Dr Hanan Alsheikh

A Moment in Time
VISUAL ARTS SHOW | JANUARY 2023 | INTERNATIONAL GROUP EXHIBITION



The artists whose work features in this exhibition are:
Aytal Heydarova, Catherine Ade, Christopher Fluder, David Crawford, Ellen Harrold, Emma Davies, Ezgi Başakçı, Georgina Thornton-Parr, Gillian Mather, Hanan Al-Sheikh, Hugo Chan Ngo Fung, Janet Stafford, Jasmine Yeung, Jiah Yu Chen, Jose Trejo Maya, Lou Liska, Maria Garton, Maria Tokar, Mark Brereton, Natalya Kolesnikova, O Yemi Tubi (MOYAT), Philip McCumskey, Qinlin Yang, Robin Hunt, Sarah Woodward, Sheree Murphy & Rich Thair, Sila Guven, Tanya Preminger





The Department of Film, Television and Theater Design organized the fifth film screening of the University Cinema Series in partnership with Ma3mal 612 Think Factory



Faculty of
Architecture
and Design

Under the direction of Prof. Dr. Abdul Salam Al-Shboul, Dean of the Faculty of Architecture and Design

The film is an observational documentary set in Belfast (Ireland), which aims to empower children and encourage them to see beyond the boundaries of their community. The film also offers a philosophical idea that encourages children to question myths of war and violence.

The event was attended by MR Kevin McAvery (the main actor) in addition to DR Wasan Haddad and Dr Rasa AlAhmad

Department of Interior Design organizes a visit to International Kitchens Co.

In coordination with its Executive Director, Eng. Rashid Abu Odeh, one of our outstanding alumni's of Al-Ahliyya Amman University.



The Department of Multimedia and Graphic Design organizes a workshop entitled "Islamic Architecture in Al-Qibli Mosque and the Dome of the Rock Mosque"



The live broadcast workshop was presented by Ms. Reham Sinokrot from Al-Aqsa Mosque Library Committee in Al-Quds Al-Sharif.

Department of Interior Design organizes a field visit to Luminus Technical University College - Department of Creative Media (SAE)

Mr. Muhannad El-Desouky, Academic Director of the Department of Creative Media (SAE), guided the students through the special facilities of the university, including studios, processing halls and audio laboratories.



Department of Multimedia and Graphic Design organizes a workshop titled "The Creative Process in Design"



The workshop was presented by Mr. Abbas Al-Asmar, founder of Qaleb Studio for Digital Content.

The Department of Multimedia and Graphic Design presents a lecture titled Arabic Calligraphy - History and Arts

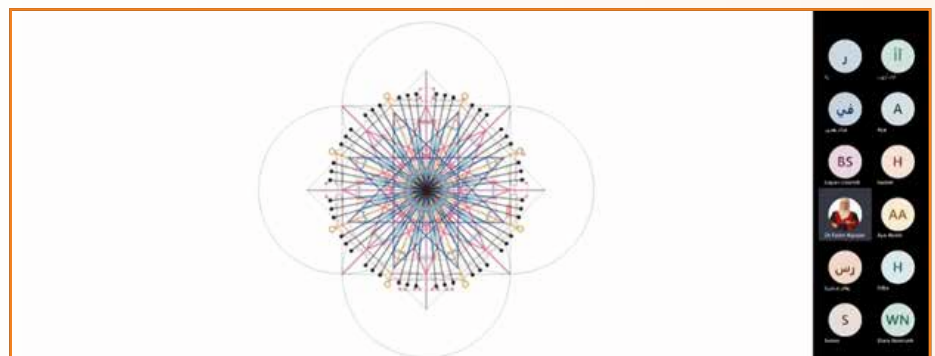
Dr Omar Hassan vice dean for academic affairs and a faculty member of the department.

Employees of manuscript center and Al-Aqsa mosque library .



The Department of Multimedia and Graphic Design holds a workshop titled “Islamic Decorative Arts in the Dome of the Rock Architecture”

Dr. Faten Al-Jazzar, Head of the Multimedia and Graphic Design Department, presented the workshop.



Relationship Of Inflammatory Mediators And Sex-related Parameters In Jordanian Adult Men Patients With Covid-19

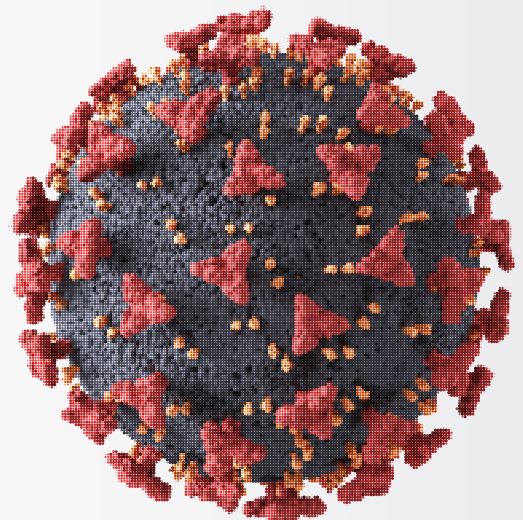
Amneh I. Al-Bashiti¹, Khaled A. Ahmed^{1,2}, Khalid M. Alqaisi^{1,2}

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Al-Ahliyya Amman University, Amman 19328, Jordan

²Pharmacological and Diagnostic Research Centre (PDRC),

Al-Ahliyya Amman University, Amman 19328, Jordan



Background:

Recent epidemiological data suggest that Coronavirus disease 2019 (COVID-19) has a gender predisposition, with men being more seriously affected than women. Furthermore, older men accounting for most deaths. Therefore, this study aimed to investigate the serum testosterone, inhibin B, interleukin-6 (IL-6) and tumor necrosis factor-alpha (TNF- α) levels in different age groups of Jordanian males with SARS-CoV2 infection and to evaluate the correlation of these markers in male patients with COVID-19.

Methods:

This study was performed on 157 selected individuals divided into two groups; COVID-19 patients and healthy controls. The participants of each group were further divided into two subgroups based on the age (20-50) years and (51-80) years age groups. The biochemical tests that were performed in this research are testosterone, inhibin-B, TNF- α , and IL-6.

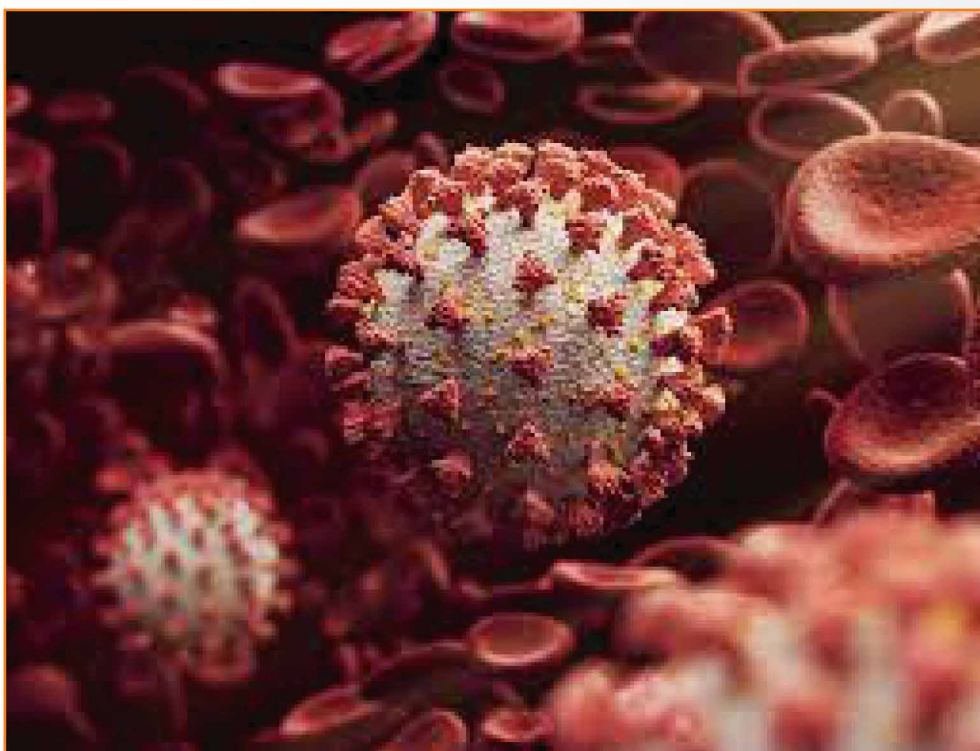
Results:

The levels of IL-6 were significantly higher in COVID-19 patients than healthy individuals (7.63 ± 6.30 vs. 5.54 ± 2.10 , $P=0.006$). Similarly, the difference between the levels of TNF-a in the study groups were statistically significant ($P=0.001$). The mean testosterone levels in COVID-19 patients and healthy controls were 1.53 ± 1.24 and 3.87 ± 1.44 , respectively ($P<0.001$), whereas the mean inhibin B levels in COVID-19 patients (54.29 ± 7.33) were lower than in healthy controls (64.14 ± 37.66) with $P = 0.011$. TNF-a was significantly and positively correlated with age ($r = 0.263$, $P=0.018$) and IL-6 ($r = 0.245$, $P=0.027$). Inhibin B had a significant, but negative correlation with TNF-a ($r = -0.326$, $P = 0.003$).

Conclusions:

It can be concluded that most men seeking medical attention with symptomatic COVID-19 had low testosterone and inhibin B levels with increased both IL-6 and TNF-a, which are independent of age conforming the deleterious effects of SARS-CoV-2 infection on testicular function and immune response induction.

Keywords: SARS-CoV-2, COVID-19, testosterone, inhib





Faculty
of Arts and
Sciences

Department of Humanities and Social Sciences organizes a field visit to Dar Al-Amal for the Elderly

One of the vision, mission and objective of our university is to activate the university's role in serving the local community. Therefore Prof. Sawsan Badrakhan organized a trip for the students to visit Dar Al-Amal for Elderly Care which contributed to developing a sense of responsibility and national and humanitarian spirit among the participating students.



The Vice Dean for Accreditation and Quality Affairs conducted a training workshop for faculty members

Workshop titled “How to formulate learning outcomes according to the standards of the National Qualifications Framework”



Students of the Faculty of Law visit the High Criminal Court



With the guidance of Dr. Khaled Al-Hrairat, the students of Law visited the High Criminal Court, where the President of the Court welcomed their attendance and gave the students a briefing on the establishment and functions of the High Court. Furthermore, the students were able to attend a number of trial sessions, review the criminal procedures, and listen to witnesses in pending cases, which allowed them to experience A day of a solicitors career.

Our university's Women's Health Center organized an awareness and educational initiative titled: "Domestic Violence and Violence against Women" at Rawabi AsSalt Association

Presented by Dr. Basma Al-Sharif / Psychology Major / Faculty of Arts and Sciences at our University, and under the supervision and participation of Prof. Dr. Iman Al-Nazli, Director of the Women's Health Center, where the initiative focused on the psychological and physical aspects of women targeting the category of women from Assalt region.

The lecturer focused on important results that included the negative impact of domestic violence and its negative effects on the mother, her mental and health well-being as well as her ability to nurture her children in a safe and healthy environment. Not only that, but also her reflection on her personality and her interaction with society in general.



Faculty of
Nursing

Management Center (GEC)



Our university participates in the training workshop held by the Food and Agriculture Organization of the United Nations



Faculty of
Agricultural
Technology

Prof. Reda Al-Khawaldeh, Dean of the Faculty of Agricultural Technology at our University, participated in the workshop titled "Improving Agricultural Research for Development and Strengthening Institutional Links between Actors in National Agricultural Research Systems in Jordan". Where he made a speech stressing the importance of the partnership between Jordan and FAO, especially concerning the issue of food security and the Food Security Council.

He addressed the importance of strengthening cooperation and unifying efforts between all institutions and research centers, suggesting that there should be a coordination committee between centers to guide the efficiency of research projects.

The training workshop aims to support research for development efforts by providing programs to enhance the necessary and required capabilities in addition to training courses to improve productivity as well as enrich trainees with the required competencies.

The University of Jordan Appoints Prof. Dr. Anas Al-Soud at the JU Center of Accreditation and Quality Assurance



مركز الاعتماد و ضمان
الجودة

Accreditation and Quality
Assurance Center



Our University participates in the Conference on Social Protection and Civil Society Institutions

مشروع تعزيز الحماية الاجتماعية
لدعم الدمج الاجتماعي
Support to Social Protection
Programme
Helping Deliver Social Inclusion



Students of the Department of Special Education with the supervision of Dr. Anan Abu Maryam participated in the Conference on Social Protection and Civil Society Institutions, which was held at the Al Hussein Cultural Center.

Expertise France and the Social Protection Empowerment Project organized the conference. Which was attended by the following honorable guests including:

- Her Excellency Ms. Wafa Bani Mustafa, the Minister of Social Development.
- Her Excellency Ms. Maria Hadjitheodosio, the Ambassador of the Delegation of the European Union to Jordan,.
- Mrs. Claire Lotier The Regional Coordinator for the Middle East at Expertise France.
- Her excellency Asia Yaghi, Member of the Senate.

Representatives of the Greater Amman Municipality, a large group of researchers and those interested in the field of social protection, special education, and rights of people with disabilities also attended.

The conference included two sets of workshops; the first specialized in building on examples of partnerships between civil society institutions while the second workshop focused on common values and principles.





Faculty of Pharmacy exhibits scientific posters

Prof. Muhammad Al-Tanani, Dean of the Faculty of Pharmacy, along with Dr. Ali Mahmoud Al-Sumaida'i organized an exhibition of students' scientific posters.

The exhibition included the latest research findings in Nano drug delivery systems. The posters dealt with several topics, including the presentation of the advantages of each technology, its areas of use, the challenges of its application, methods of manufacture, and the latest diagnostic and therapeutic applications, which contributes to raising the level of research for those interested in this field.



Department of Special Education organizes a scientific visit to Princess Taghrid Center for Measurement & Diagnosis

The Department of Special Education, accompanied by Dr. Nazem Kandil - Director of the Center for Counseling and Special Education. The students were welcomed and hosted by Dr. Haneen Al-Hiasat, the Academic and Technical Supervisor of Princess Taghrid Center for Measurement & Diagnosis.

The aim of the visit is to develop the students' professional knowledge in the field of measurement and diagnosis, as well as technical skills such as working with individuals with disabilities, cooperating within a team, and combining theoretical knowledge with practical application.



Training workshop held by the Hospitality Management and Culinary Arts program in collaboration with Albina and Hanna International coffee company

A training to introduce our students to the professional procedure and knowledge about coffee and tea preparation, decoration and customer service. The course was presented by Mr. Jawad Melhem, Mr. Abdulaziz Badwan and with the direction of Mr. Amin Arda, Director of Hospitality and Culinary Arts.





First event model plan achieved by the students of the Hospitality Management and Culinary Arts program

Prof. Sari Hamdan, President of the University, along with Prof. Fayez Haddad, Dean of the Faculty of Business, and Mr. Ayman Rashid, General Manager of Movenpick Hotel Amman. Attended the first event model plan executed by the student of our Hospitality Management program. The ceremony included several events such as introductory sessions on the tourism sector in Jordan, the importance of training and employment of the students in the hotel industry.

Among the speakers was also Mr. Ashraf Al-Yassin, Director of Development and Training at Movenpick Hotel Amman, who gave a full explanation of the in-service training aiming at developing knowledge, skills and approaches of trainees in an atmosphere of cooperative work, group spirit and self-respect.





BEAT THE *Winter* BLUES

Dark mornings, darker evenings, and chilly gray days mean winter is here — and with the coldest season come the winter blues. There is no clinical diagnosis for the “winter blues,” but experts at the National Institute of Health say the so-called winter blues are common and are usually marked by feeling more down than usual such as sad, less energized, or less interested in activities one usually enjoys. So if colder weather and shorter days cause you to feel the winter blues, you’re not alone as it is not uncommon to experience fatigue, sadness, difficulty concentrating, and a disruption in your sleep schedule during the winter season. For some, this mood change is temporary and easily managed with lifestyle modifications. However, for others, the winter blues can turn into a more severe type of depression called seasonal affective disorder or SAD. While you may not be able to change the weather or amount of daylight during the winter, there are strategies you can do to overcome the winter blues.

Take a Break From the News

Being indoors more often means an increase in screen time. And if this time is spent consuming a non-stop news cycle, you may feel an increase in the winter blues. To help minimize stress, sadness, and despair from the news, try to limit the amount of time you spend in front of a screen. If possible, schedule one hour for news. You can watch this in one sitting or break it up into time limits.

Boost Your Mood with Food

A simple change to boost your mood is to consider the food you eat. Consuming protein with breakfast, lunch, and dinner can enhance mood and prevent sugar and carb cravings later in the day.

Also, including foods high in vitamin D such as fatty fish, fish oil, and vitamin D-fortified foods like milk, orange juice, breakfast cereal, yogurt, and other food sources can help balance mood.

According to one meta-analysis, researchers found that people with depression have low vitamin D levels, and people with low vitamin D are at a greater risk of depression.

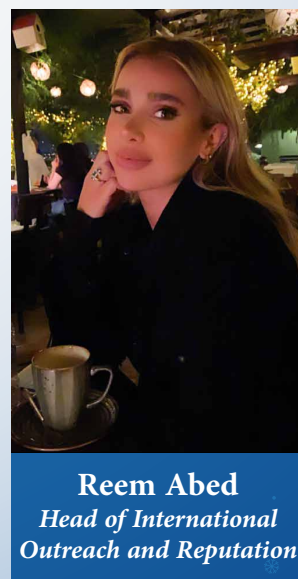
Keep Up Your Sleep Routine

Sleep is a huge component of mood. Without adequate, regular sleep, psychologists say our circadian rhythm can be disrupted, which also disrupts cortisol rhythms and impacts hormone production.

Practice Physical Activity

Physical activity has been shown to boost mood, decrease the symptoms of depression, and reduce stress. Start slowly and build up to 30 to 60 minutes a day, five days a week of aerobic exercise, strength training, yoga, or other fitness-related activities.

Finally, getting outside and exposing the body to sunlight while exercising can improve energy, mood levels and lead to better sleep.



Reem Abed

*Head of International
Outreach and Reputation*

Published by the Global Engagement Center (GEC)

Our Alumni.. Our Pride

Yaman Al-Soufi

**IT Project Manager and IT Team Leader at
INTALEQ technology consulting and services –
Qatar**



Mr. Yaman earned his bachelor's degree in Computer Information System (CIS) from Al-Ahliyya Amman University in 2006. His distinguished bachelor's degree earned him to proceed with his master's degree in the business field. The combination of both subjects led him to explore international opportunities.

Mr. Yaman's passion, drive to excellence and career development led him to become a specialist in the field of IT and business. His extensive knowledge and experience in both fields landed him to become a team leader in well-established organizations.

He did not stop his educational development nor his dedication to studies. Mr. Yaman followed his passion by proceeding to participate in further certificates that enhanced his knowledge and expertise, thus leading him to becoming the leader of the IT Infrastructure of the major events such as the Qatar Amir Cup 2021, FIFA Arab Cup 2021, and FIFA World Cup Qatar 2022.

Quote Yaman lives by: "To achieve success, it is not enough to practice religious rituals, You have to start practising Islam in your morals and work". Quote from (Quoran / Albaqara-177)

GEC Team



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Engagement Center (GEC)
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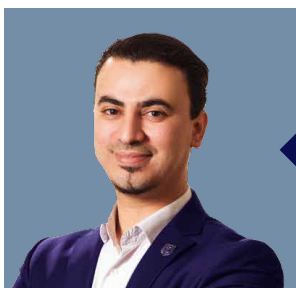
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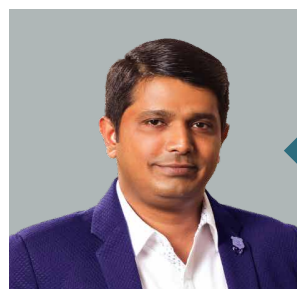
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